



**NEW HORIZONS**  
DISABILITY EMPOWERMENT CENTER  
9400 E Valley Road, Prescott Valley, AZ 86314  
928-772-1266  
[www.nhdec.org](http://www.nhdec.org)

# **Free CLASS**

July 31, 2023 - 1:00 pm – 2:30 pm

## **Topics / Speakers**

**Hospice of the West - Pamela Cregger**

Know your options

**United Healthcare – Jeanette Aird**

Be smart & Be aware

**Dandy Dawgs – Andy Lloyd**

Have a friend

For more information call Mary- Outreach Coordinator – 928-515-2529

[mhesselschwerdt@nhdec.org](mailto:mhesselschwerdt@nhdec.org)

**NEED a RIDE? Let Mary know & we'll arrange it**